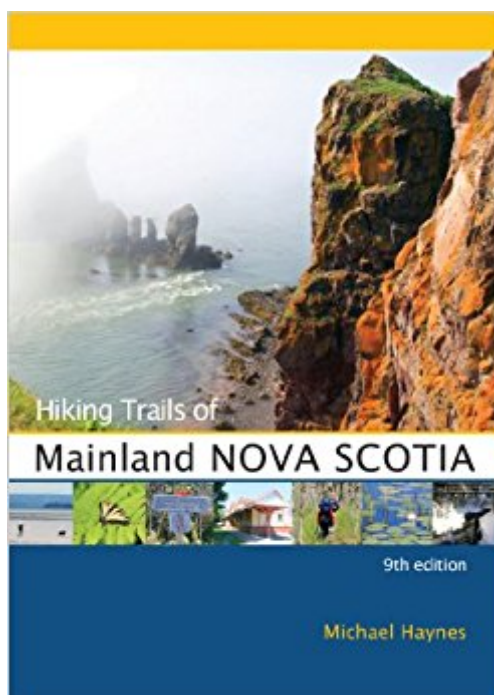


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# Hiking Trails Of Mainland Nova Scotia: 9th Edition



## Synopsis

Pack up and get ready to hike the beautiful trails of Nova Scotia. From Yarmouth to the Canso Causeway, this new updated edition of Hiking Trails of Mainland Nova Scotia, a companion to Hiking Trails of Cape Breton, provides illustrated descriptions of the most enjoyable and challenging hikes that mainland Nova Scotia has to offer. Michael Haynes hiked and mapped every trail in 2011 and describes the featured routes – from quiet afternoon excursions to serious multi-day expeditions. Profiling 60 trails, including Cape Split, Brier Island, and portions of the newly created Cape to Cape Trail, the book includes detailed maps and descriptions as well as information on getting to the trailhead, GPS coordinates, time and length, and facilities. Photographs of interesting sites, charts, hiking tips, and sidebars on historical, cultural, and natural subjects round out the experience. Completely revised, this new edition offers at least one trail per county in mainland Nova Scotia and often many more. Whether you're a long-time resident or a visitor new to the province, this book is an essential companion. Haynes will also maintain a companion blog for the book at <http://hikingnovascotia.blogspot.ca> and a Facebook page for updates, corrections, and comments.

## Book Information

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## Customer Reviews

With trails from Yarmouth to the Canso Causeway, this revised edition of Hiking Trails of Mainland Nova Scotia provides illustrated descriptions of the most enjoyable and challenging hikes that mainland Nova Scotia has to offer. Michael Haynes hiked and mapped every trail and describes in detail the featured routes – from quiet afternoon excursions to serious multi-day expeditions.

Profiling 60 trails, including Cape Split, Brier Island, and portions of the newly created Cape to Cape Trail, this guide includes detailed maps and descriptions as well as information on getting to the trailhead, GPS coordinates, time, length, difficulty, and facilities. Photographs of interesting sites, charts, hiking tips, and sidebars on historical, cultural, and natural subjects round out the experience. Completely revised and updated, this 9th edition of Nova Scotia's most reliable trail guide, a companion of Hiking Trails of Cape Breton, features at least one trail in every county in mainland Nova Scotia and often many more. Whether you're a long-time resident or a visitor new to the province, this book is an essential guide for walkers and hikers.

With trails from Yarmouth to the Canso Causeway, this revised edition of "Hiking Trails of Mainland Nova Scotia" provides illustrated descriptions of the most enjoyable and challenging hikes that mainland Nova Scotia has to offer. Michael Haynes hiked and mapped every trail and describes in detail the featured routes from quiet afternoon excursions to serious multi-day expeditions. Profiling 60 trails, including Cape Split, Brier Island, and portions of the newly created Cape to Cape Trail, this guide includes detailed maps and descriptions as well as information on getting to the trailhead, GPS coordinates, time, length, difficulty, and facilities. Photographs of interesting sites, charts, hiking tips, and sidebars on historical, cultural, and natural subjects round out the experience. Completely revised and updated, this 9th edition of Nova Scotia's most reliable trail guide, a companion of "Hiking Trails of Cape Breton," features at least one trail in every county in mainland Nova Scotia and often many more. Whether you're a long-time resident or a visitor new to the province, this book is an essential guide for walkers and hikers."

There really isn't much choice if you need a comprehensive book on hiking for Nova Scotia. I used this only for Kejimikujik National Park and it was very helpful in giving me realistic trail info. I live in the states, so I may sell this used on . Local folks would get more use out of it. If you're a casual hiker, be aware this is primarily for longer trails. There are websites that give info on shorter hiking trails in the province.

I have previous editions of this guide, where the book covered all of Nova Scotia. This division gives the author room to expand trail descriptions, which is good. I enjoy a hike narrative that offers history and other interesting information in addition to the trail description. My only issue is that, in this edition, the author seems to focus on long hikes as opposed to those that can be completed in a couple of hours or so. Some travelers simply don't have time to devote 4 to 5 hours to a single

trail. His focus on long hikes in this volume has made me hesitant to order the Cabot Trail book. All in all, a great guidebook for "serious" hikers with the time and/or inclination to spend several hours on rough trails. For those who simply want to spend a couple hours with Mother Nature, this might not be the book for you.

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